



NDIS Participant Information Pack





Who are we?

- Physiotherapy in Motion is a small team of Physiotherapists and Exercise Physiologists, offering Physiotherapy, Exercise Physiology and Animal Assisted Therapy appointments in the Perth Metro Area.
- We offer appointments in clinic or mobile, meeting you at home, school, local gyms, pools and community facilities.
- We have a holistic, whole person approach to our care. We are passionate about having a positive impact on each and every participants life.
- We provide ongoing feedback to families, support staff, other allied health professionals and key stake holders within the team. This ensures that each of our participants and their families feel well supported as we work to collaborate in a team.



Our Services

- Physiotherapy
- Exercise Physiology
- Animal Assisted Therapy





Physiotherapy

Our Physiotherapy sessions are tailored to meet your specific needs. Our sessions can include:

- Mobility Assessment and Recommendations
- Manual Therapy
- Gross motor skill development
- Sport specific skill development (ie bike riding, swimming)
- Strength and coordination development
- Balance programs and falls prevention





Exercise Physiology

Our Exercise Physiology appointments have a holistic approach as we work with you towards your goals. Our sessions can include:

- Exercise prescription and recommendations.
- Hydrotherapy
- Mobility programs
- Fitness, strength and well being
- Gross motor skill development
- Education and pain management





Animal Assisted Therapy

When requested, animal assisted therapy can be completed in conjunction with our Physiotherapy appointments. The benefits of animal assisted therapy can include:

- Relaxation and stress reduction
- Increased motivation
- Improved moods
- Greater willingness to participate.
- Social skill development
- Improved cognition/concentration





Our Team



Jade Martin
Physiotherapist
Exercise Physiologist



Jessica Bycroft
Exercise Physiologist



Amy Hayward
Exercise Physiologist



Poppy
Therapy Dog



Our Prices

Please note, we are not a registered NDIS provider and as such can only see Plan and Self Managed Participants.

	Physiotherapy	Exercise Physiology	Allied Health Assistant
45 minute appt + session planing + notes +communication	\$183.99	\$166.99	\$80
Travel	\$91.95 per hour	\$83.49 per hour	\$80 per hour
Reports	\$175 per hour	\$150 per hour	\$80 per hour

*Late cancellation fees are charged when less than 2 business days notice has been given to cancel appointments.





Our Clinic Space

- Our clinic is located in Karrinyup at 2/86 Francis Avenue.
- It has ACROD parking and is located on the ground floor.
- Fun and engaging equipment and design.





What's next?

- If you would like to make a referral or book an appointment you can contact us at:



admin@physiotherapyinmotionperth.com.au



www.physiotherapyinmotionperth.com.au



0423 160 141



2/86 Francis Avenue, Karrinyup